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ENVIRONMENTAL MONITORING AND ASSESSMENT PROGRAM-SURFACE WATERS:

FIELD OPERATIONS AND METHODS FOR MEASURING THE ECOLOGICAL CONDITION OF WADEABLE STREAMS

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FOREWORD

The National Exposure Research Laboratory (NERL) and the National Health and Environmental Effects Research Laboratory (NHEERL) provide scientific understanding, information and assessment tools that will reduce and quantify the uncertainty in the Agency's exposure and risk assessments for all environmental stressors. Stressors include chemicals, biologicals, radiation, climate, and land and water use changes.

Research at NERL focuses on: (1) characterizing the sources of environmental stressors and the compartments of the environment in which they reside or move; (2) studying the pathways through environmental compartments that lead to exposure of receptors to stressors; (3) investigating intra- and inter compartmental stressor transfers and their transformations; and (4) studying and characterizing receptors and their activities as required to predict or measure stressor exposure. Research products from NERL provide effects researchers and risk assessors with information on stressor sources, pollutant transport and transformations and exposure, and state-of-the-science source-to-receptor predictive exposure models applicable at the appropriate temporal scales and site, watershed/regional and global scales. It also provides risk managers with receptor-back-to-source and stressor-back-to-cause analyses and evaluations of alternative mitigation, management or restoration strategies from an exposure perspective.

Ecological research at NHEERL contribute to improving hazard identification, doseresponse assessments, and risk characterization at multiple spatial and temporal scales. Research products from NHEERL include improved assessment methods and improved approaches to interpreting the data acquired by these methods. Major uncertainties in assessing the effects on ecosystems resulting from exposure to environmental stressors are addressed through the development of the tools necessary for effective monitoring of ecosystems and their components, by mechanistic studies, and through modeling.

To accomplish its mission, NERL conducts fundamental and applied research designed to:

- Characterize air, soil, surface water, sediment, and subsurface systems to evaluate spatial and temporal patterns, exposure to environmental stressors/ pollutants;
- 2. Identify, quantify, and predict the physical, chemical, biological and biochemical behavior of stressors, including characterization of their sources, transformations pathways and other factors that determine stressor exposure to humans and ecosystems across multiple media
- 3. Characterize the ecological and human receptors potentially impacted by stressors and pollutants;
- 4. Measure, predict, and apply data on environmental stressors to characterize exposure to humans and ecosystems;
- 5. Incorporate scientific understanding of environmental processes and ecosystem behavior, along with environmental exposure data, into predictive multimedia models to estimate exposure and to evaluate mitigation, restoration, prevention and management options;
- 6. Develop and implement receptor level exposure and dose models to provide risk assessors with better and more refined estimates of exposure and dose.
- 7. Develop chemical, physical, and biological measurement methods to identify and quantify environmental stressors and to characterize the environment;
- 8. Develop quality assurance methodologies for chemical, physical, radiological, and biological analyses;
- 9. Develop and apply geographical informational systems, remote sensing, photographic interpretation, information management technologies, software engineering technologies, computational chemistry, expert systems, and high performance computing to support the application of exposure and risk assessment tools;
- 10. Demonstrate, field test/evaluate, and transfer scientific information, measurement and quality assurance protocols, data bases, predictive exposure and risk assessment tools, and other innovative exposure assessment technologies, and provide environmental education materials to support Program Offices, Regions, State/Municipal/Tribal governments, and other Federal Agencies;
- 11. Provide technical support to Program Offices, Regions, State/Municipal/Tribal governments and other Federal Agencies to help in performing state-of-the-science exposure assessments of known certainty.

Research activities at NHEERL related to improving ecosystem risk assessment are designed to:

1. Develop and evaluate appropriate and meaningful indicators of ecological condition and develop associated criteria to characterize condition.

- Develop and test approaches for monitoring frameworks that are integrated over multiple spatial and temporal scales to provide representative information about spatial extent of ecosystem resources, their current status (i.e., baseline condition) and how condition is changing through time.
- Develop approaches to demonstrate relationships between effects on ecological condition and the relative magnitude of current stressors at multiple scales.

This field operations and methods manual represents a collaborative effort among principal investigators at NERL and NHEERL. The manual describes guidelines and standardized procedures for evaluating the biological integrity of surface waters of streams. It was developed to provide the Environmental Monitoring and Assessment Program (EMAP) with bioassessment methods for determining the status and monitoring trends of the environmental condition of freshwater streams. These bioassessment studies are carried out to assess biological criteria for the recognized beneficial uses of water, to monitor surface water quality, and to evaluate the health of the aquatic environment.

PREFACE

The Ecosystems Research Branch (ERB), Ecological Exposure Research Division, National Exposure Research Laboratory, U.S. Environmental Protection Agency - Cincinnati is responsible for field and laboratory exposure methods and ecological indicators that are used in assessing aquatic ecosystems. Research areas include the development, evaluation, validation, and standardization of Agency methods for the collection of biological field and laboratory data. These methods can be used by USEPA regional, enforcement, and research programs engaged in inland, estuarine, and marine water quality and permit compliance monitoring, and status and/or trends monitoring for the effects of impacts on aquatic organisms, including phytoplankton, zooplankton, periphyton, macrophyton, macroinvertebrates, and fish. The program addresses methods and techniques for sample collection; sample preparation; processing of structural and functional measures by using organism identification and enumeration; the measurement of biomass and benthic metabolism; the bioaccumulation and pathology of toxic substances; acute, chronic, and sediment toxicity; the computerization, analysis, and interpretation of biological data; and ecological assessments. ERB also includes field and laboratory support of the ecological biomarker research program and transfer of monitoring technology to the regions and state programs.

This document contains the EMAP-Surface Water field operations and bioassessment methods for evaluating the health and biological integrity of wadeable freshwater streams.

ABSTRACT

The methods and instructions for field operations presented in this manual for surveys of wadeable streams were developed and tested during 5 years of pilot and demonstration projects (1993 through 1997). These projects were conducted under the sponsorship of the U.S. Environmental Protection Agency and its collaborators through the Environmental Monitoring and Assessment Program (EMAP). This program focuses on evaluating ecological conditions on regional and national scales. This document describes procedures for collecting data, samples, and information about biotic assemblages, environmental measures, or attributes of indicators of stream ecosystem condition. The procedures presented in this manual were developed based on standard or accepted methods, modified as necessary to adapt them to EMAP sampling requirements. They are intended for use in field studies sponsored by EMAP, and related projects such as the USEPA Regional Environmental Monitoring and Assessment Program (R-EMAP), and the Temporally Integrated Monitoring of Ecosystems study (TIME). In addition to methodology, additional information on data management, safety and health, and other logistical aspects is integrated into the procedures and overall operational scenario. Procedures are described for collecting field measurement data and/or acceptable index samples for several response and stressor indicators, including water chemistry, physical habitat, benthic macroinvertebrate assemblages, aquatic vertebrate assemblages, fish tissue contaminants, periphyton assemblages, sediment community metabolism, and sediment toxicity. The manual describes field implementation of these methods and the logistical foundation constructed during field projects. Flowcharts and other graphic aids provide overall summaries of specific field activities required to visit a stream site and collect data for these indicators. Tables give step-by-step protocol instructions. These figures and tables can be extracted and bound separately to make a convenient quick field reference for field teams. The manual also includes example field data forms for recording measurements and observations made in the field and sample tracking information. Checklists of all supplies and equipment needed for each field task are included to help ensure that these materials are available when required.

TABLE OF CONTENTS

Section Pag	је
NOTICE	ii
FOREWORD	iv
PREFACE	vii
ABSTRACT v	⁄iii
FIGURES x	ίv
TABLES xv	vii
ACKNOWLEDGMENTSx	ΚX
ACRONYMS, ABBREVIATIONS, AND MEASUREMENT UNITS x	χi
1 INTRODUCTION 1.1 OVERVIEW OF EMAP-SURFACE WATERS 1.2 STREAM SAMPLING COMPONENTS OF EMAP-SURFACE WATERS 1.2.1 Mid-Atlantic Highlands Assessment Project 1.2.2 Mid-Atlantic Integrated Assessment Program 1.2.3 Temporal Integrated Monitoring of Ecosystems Project 1.2.4 Other Projects 1.3 SUMMARY OF ECOLOGICAL INDICATORS 1.3.1 Water Chemistry	2 3 4 4 5 5
1.3.2 Physical Habitat 1.3.3 Periphyton Assemblage 1.3.4 Sediment Community Metabolism 1.3.5 Benthic Macroinvertebrate Assemblage	6 6 7

Section	Page
1.3.6 Aquatic Vertebrate Assemblages	
1.3.8 Sediment Toxicity	
MANUAL	
1.5 QUALITY ASSURANCE	
1.6 LITERATURE CITED	
2 OVERVIEW OF FIELD OPERATIONS	17
2.1 DAILY OPERATIONAL SCENARIO	17
2.2 GUIDELINES FOR RECORDING DATA AND INFORMATION	18
2.3 SAFETY AND HEALTH	20
2.3.1 General Considerations	
2.3.2 Safety Equipment and Facilities	
2.3.3 Safety Guidelines for Field Operations	
2.4 LITERATURE CITED	26
3 BASE LOCATION ACTIVITIES	27
3.1 ACTIVITIES BEFORE EACH STREAM VISIT	27
3.1.1 Confirming Site Access	27
3.1.2 Daily Sampling Itinerary	29
3.1.3 Instrument Inspections and Performance Tests	29
3.1.3.1 Global Positioning System Receiver	29
3.1.3.2 Dissolved Oxygen Meter	30
3.1.3.3 Conductivity Pens or Conductivity Meters	30
3.1.3.4 Current Velocity Meters	
3.1.4 Preparation of Equipment and Supplies	
3.2 ACTIVITIES AFTER EACH STREAM VISIT	36
3.2.1 Equipment Care	
3.2.2 Sample Tracking, Packing, and Shipment	
3.3 EQUIPMENT AND SUPPLIES	
3.4 LITERATURE CITED	44

S	ection	Page
4	INITIAL SITE PROCEDURES 4.1 SITE VERIFICATION ACTIVITIES 4.1.1 Locating the Index Site 4.1.2 Determining the Sampling Status of a Stream 4.1.3 Sampling During or After Rain Events 4.1.4 Site Photographs 4.2 LAYING OUT THE SAMPLING REACH 4.3 MODIFIED PROCEDURES FOR DRY AND INTERMITTENT STREAMS 4.4 EQUIPMENT AND SUPPLIES	45 48 48 48 49 53
5	WATER CHEMISTRY	58 58 59
6	STREAM DISCHARGE 6.1 VELOCITY-AREA PROCEDURE 6.2 TIMED FILLING PROCEDURE 6.3 NEUTRALLY-BUOYANT OBJECT PROCEDURE 6.4 EQUIPMENT AND SUPPLIES 6.5 LITERATURE CITED	67 70 72
7	PHYSICAL HABITAT CHARACTERIZATION 7.1 COMPONENTS OF THE HABITAT CHARACTERIZATION 7.2 HABITAT SAMPLING LOCATIONS WITHIN THE SAMPLING REACH 7.3 LOGISTICS AND WORK FLOW 7.4 THALWEG PROFILE AND LARGE WOODY DEBRIS MEASUREMENTS 7.4.1 Thalweg Profile 7.4.2 Large Woody Debris Tally	79 81 81 84

Section	è
7.5 CHANNEL AND RIPARIAN CROSS-SECTION MEASUREMENTS 7.5.1 Slope and Bearing 7.5.2 Substrate and Channel Dimensions 9.6 7.5.3 Bank Characteristics 7.5.4 Canopy Cover Measurements 7.5.5 Riparian Vegetation Structure 7.5.6 Instream Fish Cover, Algae, Aquatic Macrophytes 7.5.7 Human Influence 7.6 EQUIPMENT AND SUPPLIES 7.7 LITERATURE CITED 117	4 9 1 5 9 2 4
8 PERIPHYTON 119 8.1 SAMPLE COLLECTION 119 8.2 PREPARATION OF LABORATORY SAMPLES 122 8.2.1 ID/Enumeration Sample 122 8.2.2 Chlorophyll Sample 124 8.2.3 Biomass Sample 128 8.2.4 Acid/Alkaline Phosphatase Activity Sample 128 8.3 EQUIPMENT AND SUPPLIES 131 8.4 LITERATURE CITED 131	9 2 4 3 3 1
9 SEDIMENT COMMUNITY METABOLISM	3 5 5
10 SEDIMENT TOXICITY	1
11 BENTHIC MACROINVERTEBRATES	9 5

Secti	ion F	age
	11.4 LITERATURE CITED	158
12 A	QUATIC VERTEBRATES	161
	12.1 SAMPLE COLLECTION	161
	12.1.1 Electrofishing	163
	12.1.2 Seining	167
	12.2 SAMPLE PROCESSING	169
	12.2.1 Taxonomic Identification and Tally	169
	12.2.2 External Examination and Length Measurements	172
	12.2.3 Preparing Voucher Specimens	175
	12.3 EQUIPMENT AND SUPPLIES	180
	12.4 LITERATURE CITED	180
13 F	ISH TISSUE CONTAMINANTS	183
	13.1 PREPARING COMPOSITE SAMPLES FOR PRIMARY AND SECONDARY	
	TARGET SPECIES	183
	13.2 EQUIPMENT AND SUPPLIES	189
14 R	RAPID HABITAT AND VISUAL STREAM ASSESSMENTS	193
	14.1 RAPID HABITAT ASSESSMENT	193
	14.2 VISUAL STREAM ASSESSMENT	194
	14.3 EQUIPMENT AND SUPPLIES	208
	14.4 LITERATURE CITED	208
15	FINAL SITE ACTIVITIES	211
Арре	endix F	age
^	FOLUDATATE AND CURRING CURRING	۸ ،
	EQUIPMENT AND SUPPLY CHECKLISTS	
	FIELD DATA FORMS	
	SPECIES CODES FOR AQUATIC VERTEBRATES: MID-ATLANTIC REGION	
	MODIFIED PROTOCOL FOR COLLECTING BENTHIC	ו-ט
	MACDOINI/EDTEDDATES	□ 1

FIGURES

Figu	igure Pa	
2-1.	General sequence of stream sampling activities	. 19
3-1.	Activities conducted at base locations	. 28
3-2.	Performance test procedure for a dissolved oxygen meter	. 31
3-3.	Sample container labels	. 37
3-4.	Equipment and supply checklist for base location activities	. 43
4-1.	Verification Form (page 1)	. 47
4- 2.	Verification Form (page 2)	. 51
4- 3.	Sampling reach features	. 52
4-4.	Equipment and supplies checklist for initial site activities	. 55
	Completed sample labels for water chemistry	. 59
	chemistry samples	. 61
5-3.	Field Measurement Form (page 1), showing data recorded for water chemistry	
	Checklist of equipment and supplies for water chemistry	
6-1.	Layout of channel cross-section for obtaining discharge data by the velocity-area	
	procedure	. 68
6-2.	Field Measurement Form (page 2), showing data recorded for all three discharge measurement procedures.	71
6-3	Use of a portable weir in conjunction with a calibrated bucket to obtain an estimate	. , ,
0 0.	of stream discharge.	. 72
6-4.	Equipment and supply checklist for stream discharge	
7-1.	Sampling reach layout for physical habitat measurements (plan view)	. 82
7-2.	Thalweg Profile and Woody Debris Form	. 87
7-3.	Large woody debris influence zones	. 94

FIGURES (CONTINUED)

Figu	re Pag	е
7-4.	Channel slope and bearing measurements	6
7-5.	Slope and Bearing Form	8
7-6.	Substrate sampling cross-section	1
7-7.	Channel/Riparian Cross-section and Thalweg Profile Form	3
7-8.	Schematic showing bankfull channel and incision for channels	6
7-9.	Schematic of modified convex spherical canopy densiometer	7
7-10	. Boundaries for visual estimation of riparian vegetation, fish cover, and human influences	0
7-11	. Checklist of equipment and supplies for physical habitat	
8-1.	Index sampling design for periphyton	0.
8-2.	Sample Collection Form (page1) showing data recorded for periphyton samples 12	3
8-3.	Completed set of periphyton sample labels	4
8-4.	Filtration apparatus for preparing chlorophyll and biomass subsamples	
	for periphyton	7
8-5.	Checklist of equipment and supplies for periphyton	2
9-1.	Field Measurement Form (page 1), showing data for sediment metabolism	
	samples	
	Completed sample labels for sediment metabolism	
9-3.	Checklist of equipment and supplies for sediment metabolism	0
10-1	. Completed sample label for sediment toxicity	3
10-2	. Sample Collection Form (page 2), showing information recorded for a sediment	
	toxicity sample	4
10-3	. Checklist of equipment and supplies for sediment toxicity	5
11-1	. Modified kick net	8
11-2	. Index sampling design for benthic macroinvertebrates	0
11-3	. Sample Collection Form (page 1), showing information for benthic	
	macroinvertebrate samples	4
11-4	. Checklist for benthic macroinvertebrate sampling activities	5
11-5	. Completed labels for benthic macroinvertebrate samples	8
11-6	. Blank labels for benthic invertebrate samples	9

FIGURES (CONTINUED)

Figur	e Page
11-7.	Equipment and supply checklist for benthic macroinvertebrates
12-1.	Index sample design for aquatic vertebrate sampling
12-2.	Vertebrate Collection Form (page1)
12-3.	Vertebrate Collection Form (page 2)
12-4.	Fish length measurements
12-5.	Vertebrate Length Recording Form (page 1)
12-6.	Completed voucher sample label and specimen bag tag for aquatic
	vertebrates
12-7.	Equipment and supplies checklist for aquatic vertebrates
40.4	Operated a second a labella for fish tissue anatomic ante
	Completed sample labels for fish tissue contaminants
	Sample Collection Form showing information recorded for fish tissue samples 190
13-3.	Equipment and supplies checklist for fish tissue contaminants
14-1.	Rapid Habitat Assessment Form for riffle/run prevalent streams (page 1) 199
14-2.	Rapid Habitat Assessment Form for riffle/run prevalent streams (page 2) 200
14-3.	Rapid Habitat Assessment Form for pool/glide prevalent streams (page 1) 201
14-4.	Rapid Habitat Assessment Form for glide/pool prevalent streams (page 2) 202
14-5.	Assessment Form (page 1)
14-6.	Assessment Form (page 2)
14-7.	Checklist of equipment and supplies required for rapid habitat and visual
	stream assessments

TABLES

Table	e Pag	e
2-2. 2-3.	ESTIMATED TIMES AND DIVISION OF LABOR FOR FIELD ACTIVITIES	21
3-2.	STOCK SOLUTIONS, USES, AND INSTRUCTIONS FOR PREPARATION	
3-3. 3-4.	GENERAL PERFORMANCE CHECKS FOR CURRENT VELOCITY METERS 3 EQUIPMENT CARE AFTER EACH STREAM VISIT	35 38
4-2. 4-3.	SITE VERIFICATION PROCEDURES	19 50
5-2.	SAMPLE COLLECTION PROCEDURES FOR WATER CHEMISTRY	
6-2. 6-3.	VELOCITY-AREA PROCEDURE FOR DETERMINING STREAM DISCHARGE 6 TIMED FILLING PROCEDURE FOR DETERMINING STREAM DISCHARGE 7 NEUTRALLY BUOYANT OBJECT PROCEDURE FOR DETERMINING STREAM DISCHARGE 7	73
7-2. 7-3.	COMPONENTS OF PHYSICAL HABITAT CHARACTERIZATION	35 39

TABLES (CONTINUED)

Table Page	е
7-5. PROCEDURE FOR OBTAINING SLOPE AND BEARING DATA	2 4
STRUCTURE	1
7-10. PROCEDURE FOR ESTIMATING INSTREAM FISH COVER	3
7-11. PROCEDURE FOR ESTIMATING HUMAN INFLUENCE	5
8-1. PROCEDURE FOR COLLECTING COMPOSITE INDEX SAMPLES OF PERIPHYTON	1
8-2. PREPARATION OF ID/ENUMERATION SAMPLES FOR PERIPHYTON	
8-3. PROCEDURE FOR PREPARING CHLOROPHYLL SAMPLES FOR PERIPHYTON	6
8-4. PROCEDURE FOR PREPARING BIOMASS SAMPLES FOR PERIPHYTON 129	
8-5. PROCEDURE FOR PREPARING ACID/ALKALINE PHOSPHATASE ACTIVITY	•
SAMPLES FOR PERIPHYTON	0
9-1. SEDIMENT COLLECTION PROCEDURE	4
9-2. PROCEDURE TO MEASURE SEDIMENT RESPIRATION	6
10-1. PROCEDURE FOR PREPARING SEDIMENT TOXICITY SAMPLES	2
11-1. PROCEDURE TO COLLECT KICK NET SAMPLES FROM RIFFLE AND	
RUN HABITATS	1
11-2. PROCEDURE TO COLLECT KICK NET SAMPLES FROM POOL AND	
GLIDE HABITATS	3
11-3. PROCEDURE FOR PREPARING COMPOSITE SAMPLES FOR BENTHIC MACROINVERTEBRATES	7
12-1. PROCEDURE TO COLLECT AQUATIC VERTEBRATES BY	_
ELECTROFISHING	
12-2. PROCEDURES TO COLLECT AQUATIC VERTEBRATES BY SEINING 16	O

TABLES (CONTINUED)

Table		Page
12-3.	PROCEDURE TO IDENTIFY, TALLY, AND EXAMINE AQUATIC VERTEBRATES	170
12-4.	EXTERNAL ANOMALY CATEGORIES AND CODES	_
12-5.	GUIDELINES AND PROCEDURES FOR PREPARING AQUATIC	
	VERTEBRATE VOUCHER SPECIMENS	177
13-1.	PROCEDURE TO PREPARE THE PRIMARY COMPOSITE SAMPLE FOR	
	FISH TISSUE CONTAMINANTS	185
13-2.	PROCEDURE TO PREPARE THE SECONDARY COMPOSITE SAMPLE	
	FOR FISH TISSUE CONTAMINANTS	187
14-1.	DESCRIPTIONS OF HABITAT PARAMETERS USED IN THE RAPID	
	ASSESSMENT OF STREAMS	195
14-2.	PROCEDURE FOR CONDUCTING THE RAPID HABITAT ASSESSMENT \dots	198
14-3.	PROCEDURE FOR CONDUCTING THE FINAL VISUAL ASSESSMENT	
	OF A STREAM	204

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ACRONYMS, ABBREVIATIONS, AND MEASUREMENT UNITS

Acronyms and Abbreviations

AFDM Ash-free dry mass

APA Acid/Alkaline Phosphatase Activity

BPJ Best Professional Judgment BOD Biological Oxygen Demand

CENR (White House) Committee on the Environment and Natural Resources

CFR Code of Federal Regulations

DC Direct Current

DIC Dissolved Inorganic Carbon

DLGs Digital Line Graphs
DO Dissolved oxygen

EERD Ecological Exposure Research Division

EMAP Environmental Monitoring and Assessment Program

EMAP-SW Environmental Monitoring and Assessment Program-Surface Waters

Resource Group

EPA U.S. Environmental Protection Agency

ERB Ecosystems Research Branch
GPS Global Positioning System

ID identification

LWD Large Woody Debris

MAHA Mid-Atlantic Highlands Assessment
MAIA Mid-Atlantic Integrated Assessment

NAWQA National Water-Quality Assessment Program
NERL National Exposure Research Laboratory

NHEERL National Health and Environmental Effects Research Laboratory

ORD Office of Research and Development

OSHA Occupational Safety and Health Administration

P-Hab physical habitat
PVC polyvinyl chloride
QA quality assurance
QC quality control

ACRONYMS, ABBREVIATIONS, AND MEASUREMENT UNITS (CONTINUED)

Acronyms and Abbreviations (continured)

RBP (EPA) Rapid Bioassessment Protocol

R-EMAP Regional Environmental Monitoring and Assessment Program

SL Standard length

SOP Standard Operating Procedure

TIME Temporally Integrated Monitoring of Ecosystems

TL Total length

USGS United States Geological Survey

WED Western Ecology Division

YOY young of year

YSI Yellow Springs Instrument system

Measurement Units

amps amperes cm centimeter gallon gal ha hectare Hz Hertz in inches L liter meter m

m² square meters mg/L milligram per liter

mm millimeter : m micrometer

: S/cm microsiemens per centimeter

msec millisecond ppm parts per million

psi pounds per square inch

V volts

VA volt-ampere